



Learn to control your

DABETES

Are you a person with Medicare who has diabetes or know someone who does?

Sign up today for a FREE 6-week workshop in your area.

Workshop Location: Little Egg Harbor Township Community Center 319 W. Cala Breeze Way; Little Egg Harbor Twp., NJ 08087

Time 10:00 a.m. _ 12:30 p.m. Workshop #1: Date Thurs., October 11, 2018 Time 10:00 a.m. _ 12:30 p.m. Workshop #2: Date Thurs., October 18, 2018 Time 10:00 a.m. Workshop #3: Date Thurs., October 25, 2018 _ 12:30 p.m. Time 10:00 a.m. Workshop #4: Date Thurs., November 1, 2018 _ 12:30 p.m. Time 10:00 a.m. Workshop #5: Date Thurs., November 8, 2018 _ 12:30 p.m. Time 10:00 a.m. _ 12:30 p.m. Workshop #6: Date Thurs., November 15, 2018

Register by:

Jarmaine Williams at (732) 955-8168





