



Kristen Labin Bekelja Psy.D

Available for Teletherapy
appointments only for
patients with Medicare.
Call 609 296 1101
For additional information.

Dr. Bekelja is a clinical psychologist with experience in treating individuals across the lifespan. She specializes in treating anxiety disorders, traumatic stress, and depression. Her training was largely in clinical health psychology with a special focus on rehabilitation medicine and chronic pain. Dr. Bekelja has worked in many different settings including psychiatric hospitals, community mental health facilities, rehabilitation hospitals, skilled nursing facilities, and private practice. Her approach to treatment is collaborative and grounded in research. As a cognitive behavioral therapist, she is trained to identify the most effective strategies for treating various conditions, but also recognize the importance of the therapeutic relationship and how to work within that relationship to tailor an individualized approach for each patient

